



Margaret Eleanor Stevenson

Age: 84 Blood type: O-

ALLERGIES

- Penicillin [ANAPHYLACTIC]
- Peanuts [ANAPHYLACTIC] [EpiPen]
- Sulfa drugs
- Shellfish
- Latex
- Codeine

EMERGENCY CONTACTS

- Daniel Stevenson (Son (primary carer)) - 0412 345 678
- Samantha Novak (Daughter) - 0423 556 788
- Robert Stevenson (Husband) - 0431 220 145
- Glenelg Family Practice (GP clinic) - 08 8123 4567
- Grace Community Care (Home care provider) - 1300 654 321
- Emma Lim (Granddaughter) - 0400 111 222



Scan to see a live sample

Updated: 31 May 2026

Contains anaphylactic allergy - see allergies section

Practitioners

- Dr Aisha Rahman - General Practitioner (08 8123 4567 / Glenelg Family Practice, 12 Jetty Rd, Glenelg SA 5045)
Notes: Primary GP, coordinates all care.
- Dr Henry Walsh - Cardiologist (08 8232 1100 / Ashford Cardiology, 55 Anzac Hwy, Ashford SA 5035)
Notes: Reviews anticoagulation 6-monthly.
- Dr Priya Nair - Endocrinologist (08 8201 7788 / Calvary Specialist Centre, North Adelaide SA 5006)
Notes: Manages diabetes and thyroid.
- Dr James Okafor - Neurologist (08 8444 9090 / Memory Clinic, Flinders Medical Centre, Bedford Park)
Notes: Annual cognitive review.
- Steven Lim - Community Pharmacist (08 8295 3322 / Bayside Pharmacy, Brighton SA 5048)
Notes: Webster pack prepared weekly.
- Olivia Brennan - Physiotherapist (0412 998 220 / Mobile home visits)
Notes: Falls-prevention program, fortnightly.

Diagnoses

- Atrial fibrillation
Medication: Apixaban 5mg twice daily
Practitioner: Dr Henry Walsh
Date: 14 Mar 2019
Notes: Rate controlled. Avoid NSAIDs (bleeding risk).
- Type 2 diabetes mellitus
Medication: Metformin XR 1000mg mane; Empagliflozin 10mg
Practitioner: Dr Priya Nair

Date: 02 Aug 2012

Notes: HbA1c target 7.0%. Hypo-aware.

- Hypertension

Medication: Perindopril 5mg daily

Practitioner: Dr Aisha Rahman

Date: 20 May 2010

Notes: Home BP diary kept.

- Hypothyroidism

Medication: Levothyroxine 100mcg daily

Practitioner: Dr Priya Nair

Date: 30 Nov 2015

Notes: Take on an empty stomach.

- Mild cognitive impairment

Medication: Nil pharmacological

Practitioner: Dr James Okafor

Date: 18 Jan 2022

Notes: Needs supervision for medications and finances.

- Osteoarthritis, both knees

Medication: Paracetamol 1g up to QID; topical diclofenac

Practitioner: Dr Aisha Rahman

Date: 11 June 2008

Notes: Uses a 4-wheel walker.

- Chronic kidney disease, stage 3a

Medication: Renal dose-adjust where needed

Practitioner: Dr Aisha Rahman

Date: 09 Sept 2020

Notes: eGFR ~48. Avoid IV contrast.

- Osteoporosis

Medication: Denosumab 60mg SC 6-monthly; Vitamin D

Practitioner: Dr Aisha Rahman

Date: 25 Feb 2017

Notes: Next injection due soon.

- Gastro-oesophageal reflux disease

Medication: Pantoprazole 40mg daily

Practitioner: Dr Aisha Rahman

Date: 10 Apr 2014

Notes: Worse lying flat; head of bed raised.

- Depression

Medication: Sertraline 50mg daily

Practitioner: Dr Aisha Rahman

Date: 15 June 2021

Notes: Stable; reviewed by GP quarterly.

Allergies

- Penicillin (Anaphylactic)

Notes: Rash and facial swelling, 1998.

Discovered: 01 Apr 1998

- Peanuts (Anaphylactic) (EpiPen)

Notes: Throat tightness; carries adrenaline.

Discovered: 01 Jan 1975

- Sulfa drugs

Notes: Widespread rash.

Discovered: 12 July 2003

- Shellfish

Notes: Hives and vomiting.

Discovered: 05 Oct 1990

- Latex

Notes: Contact dermatitis; flag before procedures.

Discovered: 19 Mar 2011

- Codeine

Notes: Severe nausea and confusion.

Discovered: 22 Aug 2016

Emergency contacts

- Daniel Stevenson (Son (primary carer)) - 0412 345 678
- Samantha Novak (Daughter) - 0423 556 788
- Robert Stevenson (Husband) - 0431 220 145
- Glenelg Family Practice (GP clinic) - 08 8123 4567
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Upcoming appointments

- Cardiology review

When: 02 July 2026 / 9:00 am - 9:30 am

Type: Specialist

Practitioner: Dr Henry Walsh

Location: Ashford Cardiology, 55 Anzac Hwy

Notes: Bring referral and medication list

- Pathology - INR blood test

When: 06 July 2026 / 8:15 am

Type: Pathology

Practitioner: Steven Lim

Location: Bayside Pathology, Brighton

- GP care-plan review

When: 21 July 2026 / 2:00 pm - 2:30 pm

Type: GP

Practitioner: Dr Aisha Rahman

Location: Glenelg Family Practice